

GIVE YOUR TASTE BUDS
WHAT THEY WANT AND
YOUR BODY WHAT IT NEEDS
WE SUPPORT LOCAL, ORGANIC
AND SUSTAINABLE PRODUCTS

juice & java™

NATURAL FOOD • EST 2001

20335 Biscayne Blvd #L26, Aventura, FL 33190
(305) 466-2233 • www.juiceandjava.com
@juiceandjavaofficial
WE DELIVER AND CATER

BREAKFAST

ALL DAY

* **ALEX'S BREAKFAST** sautéed broccoli, red bell peppers, zucchini, red onions, portobello mushrooms, organic quinoa, sweet potato, four sunny side up organic eggs, microgreens 18.50

* **TOAST ROYALE** smashed avocado, smoked salmon, organic sunny side up eggs, feta, basil, microgreens 19.95

* **HUEVOS RANCHEROS BOWL** organic brown rice, black beans, turkey patty, two sunny side up organic eggs, feta, salsa, avocado, cilantro 17.95

CHICKEN PESTO OMELETTE organic eggs (3), grilled chicken, pesto, red onions, topped with fresh basil 16.95

BREAKFAST QUESADILLA organic scrambled eggs, turkey breast, red onions, monterey jack cheese 15.95 GF tortilla 2.00

* **SALMON QUINOA BOWL** organic quinoa, arugula, smoked salmon, two sunny side up organic eggs, avocado, scallions, sesame, tzatziki 19.95

BREAKFAST TACOS organic scrambled eggs, spinach, red bell peppers, baked uncured bacon, avocado, cilantro, GF corn tortillas 15.95

VEGGIE OMELETTE organic eggs (3), spinach, red bell peppers, portabella, red onion, topped with scallions, pita 14.95

LATIN SCRAMBLE organic eggs (3), organic brown rice, black beans, topped with avocado, salsa, cilantro, pita 14.95

GREEK MORNING organic scrambled eggs (3), feta, spinach, tomatoes, red onion, pita 14.95

* **SMOKED SALMON CREPES** (3) stuffed with smoked salmon, tzatziki, topped with cherry tomatoes, scallions 19.95

BREKKY CREPES (3) organic scrambled eggs, turkey breast, goat cheese, microgreens 16.95

BREAKFAST WRAP organic scrambled eggs (3), tomatoes, red onions, spinach, tortilla wrap 13.95

* **SMOKED SALMON OMELETTE** organic eggs (3), smoked salmon, scallions, tomatoes, pita 19.95

VEGAN SCRAMBLE organic tofu, spinach, tomatoes, broccolli, mushrooms, pita 14.95

AMERICANO organic eggs (2 your way), uncured bacon, smashed sweet potato 14.95

EGG WHITE-N-TURKEY SCRAMBLE organic egg whites (3), turkey breast, tomatoes, monterey jack cheese, pita 14.95

SUPER DUPER WAFFLE gluten-free organic waffle topped with organic bananas, strawberries, blueberries, shaved almonds, organic pure maple syrup 16.95 add hazelnut spread 2.00

JJ OATMEAL organic oatmeal topped with seasonal fruit, honey 8.95

SESAME BAGEL with cream cheese or butter 4.50

ADD TO BREAKFAST

baked uncured bacon 4.95 • avocado 2.95 • pita bread 1.50 • organic egg 2.50

feta or monterey jack 2.95 • smashed sweet potato 3.95 • ZTB bread or GF bread 2.95

SOUP

topped with fresh parsley

BLACK BEAN AVO SOUP
topped with feta, avocado 8.95

HOME STYLE SOUPS

Veggie soup }
Lentil soup } 7.95

Wraps

whole wheat, spinach, white tortilla or sundried tomato (GF 2.00)

CHICKEN SALAD OR TUNA SALAD our famous chicken salad or tuna salad, organic mixed greens, tomatoes, cucumber, carrots, red cabbage, sprouts, red bell peppers 15.50

HUMMUS FETA house-made Hummus, Feta, organic mixed greens, tomatoes, cucumber, carrots, red cabbage, sprouts, red bell peppers 14.95

CALI CHICKEN free-range grilled chicken, organic quinoa, avocado, Monterey Jack cheese, spinach, sprouts, our Famous Java dressing 16.95

THE VEGAN grilled veggie burger or baked falafel, avocado, sprouts, carrots, beets, red cabbage, hummus, mediterranean herb vinaigrette 14.95

CHICKEN CAESAR free-range grilled chicken, romaine, shaved parmesan, caesar vinaigrette 15.50

* **SALMON** Norwegian grilled or smoked salmon, baby arugula, tomatoes, scallions, cucumbers, tzatziki 17.95

THE HAWAIIAN wild grilled shrimp, organic brown rice, grilled red cabbage and pineapple, sprouts, side of Island Teriyaki Sauce 17.50

MEDITERRANEAN CHICKEN organic brown rice, grilled chicken, eggplant, feta 16.95

TURKEY white meat turkey burger or turkey breast, organic mixed greens, tomatoes, cucumber, carrots, red cabbage, sprouts, red bell peppers, Honey Mustard Vinaigrette 14.95

LATINA organic brown rice, free-range grilled chicken, black beans, salsa, monterey jack cheese, cilantro 15.95

THE BUDDHA organic grilled tofu, eggplant, avocado, tomatoes, organic mixed greens, Miso Vinaigrette 15.95

* **BILLY BOB** Norwegian grilled salmon, organic brown rice, avocado, Monterey Jack, Feta, spinach, sprouts, Miso Vinaigrette 18.95

CAPRI grilled eggplant, portabellas mushroom, fresh mozzarella, red onion, avocado, cilantro, Extra Virgin Olive Oil, Herbamare 16.95

Drink Me

SPARKLING WATER sm 2.95 • lg 5.50

STILL WATER sm 2.95 • lg 5.50

NATURAL SODA 2.95

FLAVORED SPARKLING 2.95

KOMBUCHA (ask for flavors) 6.50

COCONUT WATER 3.50

JJ LEMONADE freshly squeezed, 4.50

lightly sweetened with agave nectar

LEMONANA lemon, lime, agave, fresh mint 5.95

ORGANIC ICED TEA with fresh mint 4.50

Squeezed

16OZ 24OZ

CARROT 8.50 11.50

GREEN APPLE 9.50 12.50

GRAPEFRUIT 7.95 10.95

ORANGE 7.95 10.95

CELERY 10.95 13.50

CARROT, ORANGE 8.50 11.50

APPLE, CARROT 9.50 12.50

ABC apple, beet, carrot 9.50 12.50

SUPER DETOX kale, apple, 10.95 13.95

celery, lime, parsley, lemon, ginger, turmeric

THE CURE carrot, beet, cucumber 10.95 13.95

spinach, garlic, ginger, apple, lemon, lime

GREEN LIFE cucumber, celery, 10.95 13.95

apple, spinach, parsley, cilantro, broccoli

IMMUNITY carrot, celery, garlic, 10.95 13.95

apple, ginger

SKINNY JUICE blended: 10.95 13.95

kale, cucumber, lemon, pineapple, ginger

JJ Bowl

ORGANIC ACAI topped with organic granola, banana, strawberries, coconut 14.50

ORGANIC GRANOLA topped with banana, blueberries, walnuts, almonds, coconut, agave with choice of organic milk 13.50

ORGANIC PITAYA (red dragon fruit) topped with organic granola, banana, kiwi, blueberries, almonds 14.95

HOMESTYLE YOGURT organic greek yogurt topped with banana, strawberries, blueberries, granola, almonds, honey 14.50

Quesadilla

whole wheat, spinach or white tortilla (GF 2.00) served with salsa and smashed avocado

CHICKEN free-range grilled chicken, monterey jack 16.95

* **SALMON** Norwegian grilled salmon, peppers, monterey jack 19.95

MUSHROOM SPINACH grilled portobella mushroom, spinach, monterey jack 15.95

LAS VEGANS grilled portobello mushroom, onions, zucchini, red bell peppers, Vegan Mozzarella cheese 17.95

CHEESE monterey jack cheese 13.95

Fruit Smoothie

100% Fresh Fruit

16 OZ - 8.50 24 OZ - 10.50

HOUSE pineapple, strawberry, banana

#1 orange, strawberry, banana

#2 blueberry, strawberry, banana

#3 cantaloupe, orange, pineapple

#4 mango, pineapple, orange, mint

#5 papaya, mango, orange

#6 orange, blueberry, banana

#7 kiwi, orange, banana

MAKE YOUR OWN

(up to four fruit)

orange, apple, banana, pineapple, lemon, strawberry, mango, papaya, kiwi, lime

Wellness Shots

IMMUNITY BOOSTER

ginger, lemon, cayenne, honey 4.95

TURMERIC TONIC

green apple, ginger, turmeric, cayenne 4.95

Toasted

ZAK the Baker Sourdough bread GF + 2.00

JJ AVOCADO TOAST smashed avocado, cherry tomatoes, Feta, basil, extra virgin olive oil, microgreens 14.95

* **TOAST ROYALE** smashed avocado, smoked salmon, organic sunny side up eggs, feta, basil, microgreens 19.95

GOAT CHEESE TOAST smashed sweet potato, soft goat cheese, sunflower seeds, honey, basil 14.95

POWER BREAD organic almond butter, banana, cinnamon, Chia Seeds, Wildflower Honey 13.95

Rustic Sandwich

ZAK the Baker sourdough bread. Comes with side salad

THE TUSCAN free-range grilled chicken, grilled peppers and onions, fresh mozzarella, pesto, basil 15.95

THE GARDEN homemade hummus, grilled portobello, zucchini, red bell peppers, cilantro avocado aioli 14.95

THE SIMPLE TUNA our famous tuna salad, tomato, red onion, spouts, dijon, lemon, extra virgin olive oil 14.95

Pita Melt

white or whole-wheat pita, organic mixed greens, tomatoes, cucumbers, carrots, red cabbage, sprouts, red bell peppers, avocado, monterey jack cheese.

AVOCADO MELT 12.95

CHICKEN SALAD OR TUNA MELT 13.95

GRILLED CHICKEN MELT 13.95

TURKEY BURGER MELT 12.95

VEGGIE BURGER MELT 12.95

*** STARTERS ***

PALM CEVICHE (kinda spicy) hearts of palm, avocado, mango, red onion, cherry tomato, cilantro, cayenne, lime, microgreens 13.95

SHRIMP SKEWERS grilled shrimp, charred lemon, dipping cilantro avocado sauce 13.95

MOZZARELLA CAPRESE fresh mozzarella, cherry tomatoes, fresh basil, extra virgin olive oil, balsamic, microgreens 13.95

LETTUCE ROLLS our famous chicken salad or tuna salad, romaine, sprouts, our famous java dressing 14.95

AVOCADO CUPS avocado filled with cherry tomatoes, feta, extra virgin olive oil, microgreens, on a bed of organic mixed greens 12.95

EFFIN' GOOD GUACAMOLE with multi-grain crisps 12.95 add carrots and celery sticks 2.95

HUMMUS APPETIZER freshly made hummus, parsley tahini, pita 12.95 add baked falafel 3.50

Loaded Sweet Potato

- CHICKEN** our famous chicken salad, monterey jack, avocado, microgreens 16.95
AVO goat cheese, beets, smashed avocado, extra virgin olive oil, zaatar, cilantro 15.50
 * **SALMON** tzatziki, smoked salmon, scallions, red onions, microgreens 18.95

SKINNY NORI ROLLS no rice sushi

- VEGGIE ROLL** organic nori, organic tofu, carrots, mango, avocado, sprouts, beets, cilantro aioli, sunflower seed, microgreens 13.95
 * **SALMON ROLL** organic nori, smoked salmon, goat cheese, avocado, cucumber, arugula, sprouts, ginger miso, microgreens 15.50
SPICY TUNA ROLL our famous tuna salad, organic nori, cucumbers, red bell pepper, sprouts, avocado, sriracha chili sauce, sesame seeds 13.95

Market Fresh Salads

- ALEX'S** organic mixed greens, organic quinoa, black beans, red onions, sprouts, carrots, tomatoes, cucumbers, cilantro, feta, tossed with extra virgin olive oil, cayenne, kelp, topped with avocado 15.95
THE GRAND SHRIMP grilled wild shrimp, arugula, sprouts, red onions, red bell peppers, chopped dates, basil, sunflower seeds, tossed with mediterranean herb vinaigrette 20.95
AVOCADO CITRUS organic mixed greens tossed with lemon extra virgin olive oil, topped with avocado, orange, grapefruit, sesame seeds, sprouts 14.95
THE SPROUTED organic rice or quinoa, sprouts, organic mixed greens, feta, red cabbage, carrots, tomatoes, himalayan salt, lemon vinaigrette 15.50
FARMER'S BOWL arugula, beets, cucumbers, carrots, sprouts, red cabbage, sesame seeds, garbanzo beans, hummus, sesame seeds, fresh lemon, extra virgin olive oil 15.95
CRANBERRY SPINACH baby spinach, feta, walnuts, strawberries, raisins, cranberries, raspberry vinaigrette 13.95
GREEK tomatoes, red onion, cucumbers, red bell pepper, kalamata olives, topped with feta, zaatar, parsley, our greek vinaigrette 14.50
GOAT organic mixed greens, arugula, mango, beets, walnuts, topped with goat cheese, basil, microgreens, our famous java dressing 14.95
CAESAR romaine, organic croutons, caesar vinaigrette, topped with shaved parmesan 13.95
POWER HOUSE CHOP organic hearts of palm, garbanzo beans, green apple, cherry tomatoes, red cabbage, carrots, sunflower seeds, avocado, parsley, tossed with mediterranean herb vinaigrette 15.95
SKINNY ARUGULA organic arugula, sunflower seed, sprouts, almonds, tossed with our lemon extra virgin olive oil, topped with shaved parmesan 13.95
WARM MEDITERRANEAN grilled portobello, eggplant, zucchini, red onion, parsley, cilantro, red bell peppers, feta, extra virgin olive oil, zaatar, paprika 15.95
CHICKEN CHOP organic brown rice, grilled chicken breast, tossed with organic mixed greens, tomatoes, cucumber, sprouts, red cabbage, carrots, green onion, red bell peppers, extra virgin olive oil, herbamare, microgreens 17.95

Add:

- JJ Chicken Salad (2 scoops) 7.50
 JJ Tuna Salad (2 scoops) 7.50
 Free-Range Grilled Chicken 7.50
 *Norwegian Grilled Salmon 9.50
 Wild Grilled Shrimp 7.95
 *Norwegian Smoked Salmon 9.95
 Grilled Veggie Patty 4.95
 Baked Falafel 4.95
 Grilled Hearts of Palm 4.95
 Organic Grilled Tofu 4.95
 Fresh Mozzarella 5.50
 Goat Cheese 4.95
 Feta 2.95
 Avocado 3.50

Java's Famous

- JAVA'S FAMOUS SALAD** organic mixed greens, red bell peppers, scallions, manzanilla olives, red cabbage, tomatoes, cucumbers, carrots, feta, tossed with our famous java dressing, topped with avocado 16.50
JAVA'S OTHER FAMOUS SALAD (a little spicy) organic mixed greens, red cabbage, sprouts, tomatoes, manzanilla olives, fresh basil, red onions, kelp, cayenne pepper, lime, extra virgin olive oil, himalayan sea salt, natural herbs and spices 16.50
JAVA'S FAMOUS QUINOA OR RICE organic quinoa or rice, sweet red bell peppers, scallions, tomatoes, tossed with dulce flakes (organic seaweed), extra virgin olive oil, sesame seeds, natural seasonings, topped with avocado 14.95

JJ Platters

served with avocado, tomatoes, red cabbage, cucumbers, carrots, our famous Java Sauce



CHOICE OF

- organic brown rice
 organic quinoa
 steamed or grilled seasonal veggies
 baked sweet potato



CHOICE OF

- FREE-RANGE GRILLED CHICKEN** 18.95
 * **GRILLED NORWEGIAN SALMON** 21.95
 * **SMOKED NORWEGIAN SALMON** 22.95
WILD SHRIMP 20.95
FAMOUS TUNA SALAD 18.95
FAMOUS CHICKEN SALAD 18.95
ORGANIC GRILLED TOFU 16.95
VEGGIE BURGER PATTY 16.95
BAKED FALAFEL 16.95
GRILLED HEARTS OF PALM 15.95

Sides

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|----------------------------------|--|
| grilled chicken 8.95 | guacamole 5.50 |
| *grilled salmon 10.95 | organic brown rice 5.95 |
| grilled shrimp 10.95 | organic quinoa 6.95 |
| *smoked salmon 11.95 | baked sweet potato 5.95 |
| jj tuna salad (2 scoops) 8.95 | side salad organic mixed greens, tomatoes, cucumber, carrots, cabbage 8.95 |
| jj chicken salad (2 scoops) 8.95 | steamed or grilled veggies 8.95 |
| avocado 3.95 | java's famous dressing 1.50 |
| hummus 4.95 | |

JJ Fruit Salad

cantaloupe, pineapple, papaya, mango, kiwi, strawberries, blueberries, topped with raisins, walnuts, shredded coconut, lightly drizzled with Wildflower Honey 13.95

Happy Endings

- CARROT CAKE** Organic, Vegan, Gluten-Free 8.95
DARK CHOCOLATE CAKE Organic, Vegan, Gluten-Free 8.95
VANILLA BIRTHDAY CAKE Organic, Vegan 8.95
STRAWBERRY BANANA CREPES (3) with hazelnut spread, banana, strawberries 15.50

Java & Tea

Choice of: organic whole milk, organic half-n-half lactose free, almond mil, oat milk, coconut milk

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|---|---|
| MATCHA TURMERIC LATTE
coconut milk, turmeric, organic matcha, monk fruit sweetener 5.50 | CORTADITO 3.50 |
| ICED MATCHA organic matcha, almond milk, monk fruit sweetener 5.50 | MACCHIATO 3.50 |
| HOT TEA with fresh mint & lemon 3.95 | ESPRESSO 2.50 extra shot 1.50 |
| CAPPUCCINO 4.95 | FRESH BREW 3.50 |
| LATTE 4.95 | ICED AMERICANO 4.50 |
| | HOT H2O with fresh mint & lemon 2.50 |

JJ SPECIALTIES

- * **ASIAN SESAME SALMON** organic basmati rice, grilled red cabbage, pineapple, teriyaki grilled salmon, scallions, sesame seeds 22.95
HAPPY VEGAN (kinda spicy) organic brown rice, avocado sauce, lentils, organic tofu, grilled cauliflower, onions and red bell peppers, cayenne, charred lemon, cilantro 18.95
CHICKEN RICE BOWL organic brown rice, arugula, grilled chicken, avocado, cilantro 18.95
TACOS DE MARE grilled salmon or shrimp, organic cilantro rice, grilled red cabbage and pineapple, teriyaki, gf soft tacos, sesame seeds, lime 19.95
CHICKEN FAJITAS grilled chicken, grilled onions and peppers, cilantro, black beans, smashed avocado, salsa, gf tortillas 15.50 add monterey jack cheese 1.95
MISH MASH organic brown rice, turkey burger, grilled eggplant, tomatoes, broccoli, red onions, tossed with extra virgin olive oil and herbamare 14.50
ARTISAN CREPES stuffed with our famous chicken salad or tuna salad, microgreens 15.95

* consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness